Breakfast

YOGURT + GRANOLA BOWL \$11 Organic plain yogurt with wild blueberries, house made granola and organic maple syrup

#### STEAMED PLANT-BASED MILK + GRANOLA BOWL

Our own granola and wild blueberries served with your choice of almond or soy milk 💟

#### BUTTERMILK WAFFLES

Two truly decadent waffles topped with wild blueberries, organic maple syrup and vanilla whipped cream

## BUCKWHEAT WAFFLES \$13

The waffle recipe we love made vegan and flourless featuring coconut cream, chia egg and buckwheat instead of dairy, eggs and flour. Two waffles served with raspberries, house made chocolate sauce and organic maple syrup 🛇

Kids Food Small Portions - Simple Flavours

WAFFLE (vegan or buttery) with wild blueberries, whip cream + maple syrup \$6

# ORGANIC YOGURT + GRANOLA

maple syrup and wild blueberries \$4.50

ALMOND BUTTER + JAM SANDWICH

on organic whole wheat bread \$4.50 Served daily 8:00 am - 1:30 pm

## BREAKFAST SANDWICHES

2 local eggs, fried in butter with local organic shoot mix on our organic whole wheat bun with mayo and dijon.

CHOOSE FROM:

\$11

\$13

WHITE CHEDDAR 1 EGG SIZE

BACON + SMOKED CHEDDAR \$13 1 EGG SIZE \$9

LOCAL HAM + SWISS CHEESE \$13 1 EGG SIZE \$9

Add a POTATO HASHBROWN \$2

Add a side of BACON or HAM \$3

GLUTEN FREE BREAD FROM SCHOOLHOUSE BAKERY IS AVAILABLE FOR ANY SANDWICH

APPLE + CHEESE

\$4.50

GF V

\$4.50

\$7.50

local apples and white cheddar

HUMMUS + CHIPS + CARROTS

housemade hummus, organic

tortilla chips and carrot sticks

HALF A GROWN UP SANDWICH



OPEN 7 DAYS A WEEK 8:00 AM - 3:30 PM

902-530-2548

\$12

\$8

FANCYPANTSCAFE.CA

@fancypantscafe

807 KING STREET BRIDGEWATER NOVA SCOTIA



BUILD YOUR OWN PLATE \$2 PER ITEM

scrambled egg / sliced fruit / bacon / one toast / potato hashbrown





Lunch

Served daily 8:00 am - 2:30 pm

# ROOTS AND SHOOTS SALAD

Green salad featuring Pleasant Hill Farm's organic shoot mix topped with carrot, herbs, nuts, seeds and dried cranberries and finished with a maple balsamic vinaigrette **G** 

- add chicken salad
- \$3 \$1

\$12

- add goat cheese

## DAILY SEASONAL SOUP



Our house made soup of the day is always plant-based and gluten free with local and seasonal ingredients served with organic chickpea hummus and carrots or organic sourdough toast with vegan spread or butter **G V** 

# TORTILLA CHICKEN SOUP \$12

With local free-range chicken and our housemade bone broth, this tortilla soup is mild and warming with colourful veggies and beans topped with shredded cheddar and organic tortilla chips

# **BIG VEGGIE SANDWICH**

\$12

A hearty plant-based sandwich with our organic chickpea hummus, organic shoot salad mix, cucumber and tomato on organic sourdough toast V

# HUMMUS PLATE



Organic tortilla chips, cuccumber and carrot sticks served with our orgainc chickpea hummus

# 1/2 SANDWICH + CUP OF SOUP \$12

A half VEGGIE, BLT or CHICKEN SALAD sandwich with a cup of our daily soup

#### BEEF BURGER



Our house made beef patty with tomato, red onion, pickles, mayo, dijon, and organic shoots on an organic brioche bun served with sesame coleslaw

- add bacon
- add cheddar cheese

\$3 \$1

# PLANT-BASED BURGER



Our delicious veggie + grain patty on our organic whole wheat bun with hummus, tomato, red onion, and organic shoots served with sesame coleslaw

# FREE RANGE CHICKEN SALAD SANDWICH /

\$12

Local free range roast chicken salad with tomato, local organic shoot mix, mayo

and dijon on our organic whole wheat toast

# BLT



Pleasant Hill Farm's organic shoots in lieu of lettuce, juicy slices of tomato and delicious crispy bacon, with dijon and mayo on our organic whole wheat toast

# HAM + SWISS

#### \$12

Local ham + swiss cheese with tomato, local organic shoot mix, mayo and dijon on our organic whole wheat toast

ADD A SIDE GREEN SALAD OR VEGAN SOUP \$3.50

HAVE ANY SANDWICH ON GLUTEN FREE BREAD