




Breakfast

YOGURT + GRANOLA \$9

organic plain yogurt with wild blueberries, house made granola and organic maple syrup

STEAMED PLANT-BASED MILK + GRANOLA \$9

our own granola and wild blueberries served with your choice of almond or soy milk 


STANDARD BREAKFAST \$13

two eggs, any style, with your choice of bacon, ham or sausage; organic whole wheat, sourdough or gluten free toast; house made potato hash brown and fresh fruit

BUTTERMILK WAFFLES \$13

two truly decadent waffles topped with wild blueberries, organic maple syrup and vanilla whipped cream

BUCKWHEAT WAFFLES \$13

the waffle recipe we love made vegan and flourless featuring coconut cream, chia egg and buckwheat instead of dairy, eggs and flour. Two waffles served with raspberries, house made chocolate sauce and organic maple syrup 

BREAKFAST SANDWICHES

local egg, scrambled with local organic shoot mix on our buttermilk biscuit with mayo and dijon. Choose from:

CLASSIC CHEDDAR \$8 FULL SIZE \$12

BACON + SMOKED CHEDDAR \$9 FULL SIZE \$13

BANGERS +CHEDDAR SANDWICH \$9 FULL SIZE \$13

HAM + SWISS CHEESE \$9 FULL SIZE \$13

Add a house made potato hashbrown \$2
Add a side of bacon, ham or sausage \$3

GLUTEN FREE BREAD FROM SCHOOLHOUSE BAKERY IS AVAILABLE FOR ANY SANDWICH, JUST ASK!

Well Hello!

*Thanks for visiting our cafe.
We thought you might want to know a bit about what we are doing here.*

Fancy Pants Cafe exists to provide delicious food based on local, seasonal and organic ingredients.

We came to our love of food through our love of farming and nature.

Our menu and sources reflect our commitment to local farms and sustainable farming practices - We invite you to visit our website to read a little about the producers and processors we work with.

With only a few exceptions for specialty breads, we proudly cook and bake everything on our menu with love and care right here in our little kitchen.

Thank you so much for your support!

Michelle + Mlo + The Team





Lunch

QUINOA GRAIN BOWL \$12

plant-based organic grain salad bowl with roasted vegetables, tahini dressing and apples **GF V**

add chicken salad \$3
add goat cheese \$1

FANCY BEEF HAMBURGER \$13

our house made beef patty with tomato, red onion, pickles, mayo, dijon, and organic shoots on our organic brioche bun served with sesame coleslaw

add bacon \$3 - add cheddar cheese \$1

TORTILLA CHICKEN SOUP \$12

featuring local free-range chicken and our housemade bone broth, this tortilla soup is a mild and warming bowl with colorful veggies and beans topped with shredded cheddar and organic tortilla chips **GF**

ROOTS AND SHOOTS SALAD \$12

green salad featuring Pleasant Hill Farm's organic shoot mix topped with carrot, herbs, nuts, seeds and dried cranberries and finished with a

maple balsamic vinaigrette **GF V**

add chicken salad \$3
add goat cheese \$1

FANCY PLANT-BASED BURGER \$13

our delicious veggie + grain patty on our organic whole wheat bun with hummus, tomato, red onion, and organic shoots served with sesame coleslaw **V**

FREE RANGE CHICKEN

SALAD SANDWICH \$12

local free range roast chicken salad with tomato, local organic shoot mix, mayo and dijon on our organic whole wheat toast

EGG SALAD SANDWICH \$12

local free-run egg salad with local organic shoot mix, mayo and dijon on our organic whole wheat toast

DAILY SEASONAL SOUP \$11

Our house made soup of the day is always plant-based and gluten free with local and seasonal ingredients served with organic chickpea hummus and carrots or organic sourdough toast with vegan spread or butter **GF V**

FANCY BLT \$12

Pleasant Hill Farm's organic shoots in lieu of lettuce, juicy slices of tomato and delicious crispy bacon, with dijon and mayo on our house made organic whole wheat toast

BIG VEGGIE SANDWICH \$12

a hearty plant-based sandwich with our organic chickpea hummus, organic shoot salad mix, cucumber and tomato on organic sourdough toast **V**

HAM + SWISS \$12

local ham + swiss cheese with tomato, local organic shoot mix, mayo and dijon on our organic whole wheat toast

HALF SANDWICH + CUP OF SOUP \$12

a half VEGGIE, BLT or CHICKEN SALAD sandwich with a bowl of our daily soup

ADD A SIDE GREEN SALAD, QUINOA SALAD OR VEGAN SOUP \$3.50

HAVE ANY SANDWICH ON GLUTEN FREE BREAD, JUST ASK!



Kids Food

Small Portions - Simple Flavours

WAFFLE (vegan or buttery) with wild blueberries, whip cream + maple syrup \$6

ORGANIC YOGURT AND GRANOLA
maple syrup and wild blueberries \$4.50

ALMOND BUTTER + JAM SANDWICH **V**
on organic whole wheat bread \$4.50

APPLE AND CHEESE **GF**

local apples and white cheddar \$4.50

HUMMUS + CHIPS + CARROTS **GF V**

housemade hummus, organic tortilla chips and fresh carrot sticks \$4.50

HALF A GROWN UP SANDWICH \$7.50

BUILD YOUR OWN PLATE \$2 / ITEM

scrambled egg / sliced fruit / bacon or sausage / one toast / potato hashbrown